One Night at a Time (P)

Count: 64 **Wall:** 0 **Level:** Improver - Partner
Choreographer: Suzanne Laverdière (CAN) & Marc Laliberté (CAN) - September 2023
Music: One Night At a Time - George Strait

Closed Western Position Man facing L.O.D. and lady facing R.L.O.D.
Opposite footwork, except where noted

Intro: 32 counts

[1-8]
M: (WALK, WALK, SHUFFLE FWD) X2
L: (BACK, BACK, SHUFFLE BACK) X2

1-2	M: Step fwd L - Step fwd R
	L: Step back R - Step back L
3&4	M: Shuffle fwd L-R-L
	L: Shuffle back R-L-R
5-6	M: Step fwd R - Step fwd L
	L: Step back L - Step back R
7&8	M: Shuffle fwd R-L-R
	L: Shuffle back L-R-L

[9-16]
M: ROCK STEP, SHUFFLE BACK, ROCK BACK, SHUFFLE FWD
L: ROCK BACK, SHUFFLE FWD, STEP, PIVOT 1/2 TURN R, SHUFFLE 1/2 TURN R

1-2	M: Rock fwd L - Replace weight on R
	L: Rock back R - Replace weight on L
3&4	M: Shuffle back L-R-L
	L: Shuffle fwd R-L-R
5-6	M: Rock back R - Replace weight on L
	L: Step fwd L - Pivot 1/2 Turn right

Raise the man's left arm over lady

7&8	M: Shuffle fwd R-L-R
	L: Shuffle 1/2 Turn right L-R-L

Resume Closed Western Position

[17-24]
M: (WALK, WALK, WALK, HOLD) X2
L: (BACK, BACK, BACK, HOLD) X2

1-2-3-4	M: Step fwd L - Step fwd R - Step fwd L - Hold
	L: Step back R - Step back L - Step back R - Hold
5-6-7-8	M: Step fwd R - Step fwd L - Step fwd R - Hold
	L: Step back L - Step back R - Step back L - Hold

[25-32]
M: (1/4 TURN R, TOUCH, SIDE, TOUCH) X2
L: (1/4 TURN R, TOUCH, SIDE, TOUCH) X2

1-2	M: Turn 1/4 right stepping side L - Touch R next to L O.L.O.D.
	L: Turn 1/4 right stepping side R - Touch L next to R I.L.O.D.
3-4	M: Step side R - Touch L next to R
	L: Step side L - Touch R next to L
5-6	M: Turn 1/4 right stepping side L - Touch R next to L R.L.O.D.
	L: Turn 1/4 right stepping side R - Touch L next to R L.O.D.

7-8 M: Step side R - Touch L next to R
L: Step side L - Touch R next to L

TAG Here at the 5th repetition of the dance…

[33-40]
M: SIDE, TOGETHER, SHUFFLE 1/4 TURN L, ROCKING CHAIR
L: SIDE, TOGETHER, SHUFFLE 1/4 TURN R, ROCKING CHAIR
1-2 M: Step side L - Step R next to L
L: Step side R - Step L next to R
3&4 M: Shuffle 1/4 turn left L-R-L
L: Shuffle 1/4 Turn right R-L-R
Release hands and take Right Open Position facing O.L.O.D.
5-6 M: Rock fwd R - Replace weight on L
L: Rock fwd L - Replace weight on R
7-8 M: Rock back R - Replace weight on L
L: Rock back L - Replace weight on R

[41-48]
M: STEP, PIVOT 1/2 Turn L, SHUFFLE FWD, ROCKING CHAIR
L: STEP, PIVOT 1/2 Turn R, SHUFFLE FWD, ROCKING CHAIR
1-2 M: Step fwd R - Pivot 1/2 Turn left
L: Step fwd L - Pivot 1/2 Turn right
Release hands and take Left Open Promenade Position facing I.L.O.D.
3&4 M: Shuffle fwd R-L-R
L: Shuffle fwd L-R-L
5-6 M: Rock fwd L - Replace weight on R
L: Rock fwd R - Replace weight on L
7-8 M: Rock back L - Replace weight on R
L: Rock back R - Replace weight on L

[49-56]
M: 1/4 TURN L, BACK, SHUFFLE BACK, 1/4 TURN L, 1/4 TURN L, SHUFFLE FWD
L: 1/4 TURN R, STEP, SHUFFLE FWD, 1/4 TURN R, 1/4 TURN R, SHUFFLE BACK
1-2 M: Turn 1/4 left stepping back L - Step back R
L: Turn 1/4 right stepping fwd R - Step fwd L
Take Closed Western Position, man facing R.L.O.D. and lady facing L.O.D.
3&4 M: Shuffle back L-R-L
L: Shuffle fwd R-L-R
5-6 M: Turn 1/4 left stepping back R - Turn 1/4 left stepping fwd L
L: Turn 1/4 right stepping fwd L - Turn 1/4 right stepping back R
Raise the man's left arm over lady
Take Closed Western Position, man facing L.O.D. and lady facing R.L.O.D.
7&8 M: Shuffle fwd R-L-R
L: Shuffle back L-R-L

[57-64]
M: (DIAGONAL STEP, TOUCH) X2, (DIAGONAL BACK, TOUCH) X2
L: (DIAGONAL BACK, TOUCH) X2, (DIAGONAL STEP, TOUCH) X2
1-2 M: Step fwd diagonally L - Touch R next to L
L: Step back diagonally R - Touch L next to R
3-4 M: Step fwd diagonally R - Touch L next to R
L: Step back diagonally L - Touch R next to L
5-6 M: Step back diagonally L - Touch R next to L
L: Step fwd diagonally R - Touch L next to R
7-8 M: Step back diagonally R - Touch L next to R

L: Step fwd diagonally L - Touch R next to L

Start over…

TAG At the 5th repetition of the dance after the 32 first counts, add these Tag and restart from the beginning
[1-4] M & L: (1/4 TURN R, TOUCH) X2

1-2	M: Turn 1/4 right stepping side L - Touch R next to L I.L.O.D.
	L: Turn 1/4 right stepping side R - Touch L next to R O.L.O.D.
3-4	M: Turn 1/4 right stepping side R - Touch L next to R L.O.D.
	L: Turn 1/4 right stepping side L - Touch R next to L R.L.O.D.